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Elk Point REVIEW

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Tuesday, February 11, 2014

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Early Deadline

Due to Monday's Family Day holiday, the deadline for classified and display advertising for the Feb. 18 issue will be 4 p.m. on Wednesday, Feb. 12. Enjoy the holiday, everyone!

Kiitokii visits F. G. Miller

...Page 8

Vicki Brooker photo

Well wishers open their hearts

Friends and family members of crash victim Kaitlyn Hunter add heart-shaped messages to a tree filled with good wishes at Friday night's 'Open Your Heart' benefit dance.

Heartwarming response for benefit dance

By Vicki Brooker
Review Staff

Organizers of Friday evening's benefit dance for car crash victim Kaitlyn Hunter and her family urged Elk Point and district to "Open Your Heart," but even they were amazed by the response they received.

"It's heartwarming to see so many people turn out to help the Hunter family," Lionel Romanchuk said as he welcomed the crowd, noting "a great response" from the corporate sector and the community. "We have absolutely incredible donations from people who care." Because the event was held close to Valentine's Day, the theme, "Open Your Heart" was chosen, "and the response was overwhelming."

"We started with a handful of volunteers," said Patricia Rybchinsky, but the committee grew as willing helpers got on board to assist with the many tasks of organizing the event. "It's such a huge success that we think it could, and should, continue in coming years. Somebody always needs help." Rybchinksy's own family received assistance from a community fundraiser in the past, when her daughter was undergoing treatment for cancer, and she noted that several other families on the committee also have been helped in this way.

"We're extremely grateful for the help we received, and we want to pay it forward."

Donations toward the event included the use of the Elk Point Arts and Leisure Centre, the cost of food for the late evening lunch, the deejay service, bartending volunteers and numerous cash donations, as well as more than 80 items for a massive silent auction that stretched the width and length of the hall.

(Continued on Page 2)

Public speaking comes down to tiebreaker

By Vicki Brooker
Review Staff

Elk Point 4-H Multi Club's Communications event came down to a tiebreaker in the Intermediate age group, when Dana Gibson and Parker Allen were called forward for a second round of impromptus to determine the winner.

Scores for Gibson's prepared speech on her adventures at a People Developing People 4-H Camp and impromptu on the tiresome necessity of doing chores were equal to those for Allen's prepared speech on the Beatles and an impromptu on his career choice of becoming a writer, so both were required to present an impromptu on the pros and cons of moving away from home.

When those points were added to the scores, Gibson placed first and Allen second, with MacKenzie Evans receiving an honourable mention for her speech on Babe Ruth and impromptu on "If I was principal for a day."

In the Senior age group, Leanna Gibson placed first with her persuasive speech on the importance of good nutrition, entitled, "You are what you eat," and an impromptu on the importance of driving safety. Edna Kulczycki was second with a very entertaining and ironic prepared speech on "the world's most defenseless creatures," from the viewpoint of the Gummi Bears Rescue Society, and an impromptu on her career choice, joining the military as a pharmacist or counselor.

(Continued on Page 2)

Award-winning speakers and presenters at Sunday's Elk Point 4-H Multi Club Communications event were, back row, left to right: Everett Smith, Leanna Gibson, Edna Kulczycki, Sam Henderson, MacKenzie Evans, Parker Allen, Dana Gibson: front, left to right: Kaden Allen, Kaitlyn Schweigert and Wolke Cueva.

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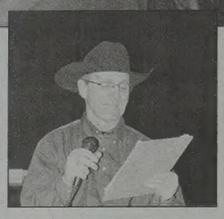
Benefit

(Continued from Front Page)

The auction included everything from handmade chaps to a big-screen television, handcrafted quilts to autographed hockey jerseys.

A pair of special features followed the 'heart' theme. In one corner, Carla Ganske was on hand to take sweet or funny photos of subjects framed in a lighted heart created by F. G. Miller High School's industrial arts department, and in another, a huge heart covered with photos of Kaitlyn in happier days hung right next to lighted and decorated tree where friends could hang hearts on which they had written their wishes for a speedy recovery from serious injuries sustained in the Jan. 11 crash. Nearby was a table with a heart-shaped lamp just waiting for friends' autographs.

Faye Drobot, Tina Henderson and Patricia Rybchinsky were among the volunteers who spearheaded planning for the event.



The 'Open Your Heart' benefit dance featured a huge silent auction (top left), a photo booth operated by Carla Ganske (above) and words of welcome from organizing committee member Lionel Romanchuk, left, who thanked all the guests and donors for their contributions and attendance.

Tiebreaker

(Continued from Front Page)

This year's top Junior speaker was Wolke Cueva, who spoke knowledgeably on Origami and added an impromptu on "A Visit to the Zoo." Kaden Allen was well informed on "Dirt Bike Gear" and presented his impromptu on "My Favorite Animal" – his puppy. Kaitlyn Schweigert received honourable mention for her speech, telling "All About Me", and impromptu on the family's Christmas celebrations.

Also speaking at Sunday's competition in the Elk Point Elementary School were Lyon Cueva, Eros Cueva and Morgan Evans.

Two members chose to give presentations instead of speeches, Junior Sam Henderson outlining the many improvements over the years in "Goalie Equipment Then and Now," while Intermediate Everett Smith illustrated his holiday adventures in "My Disney Experience."

Judges Diane Dewan, Sarah Stewart, Jason Boorse, Lorrie O'Reilly, Deb Poulin and Martine Chamberland were presented with expressions of thanks by the club's Cleavers, before two of the judges offered comments. Dewan said the judges "enjoyed all the topics," and gave helpful suggestions regarding the need for more eye contact with the audience. Chamberland, who has had two years of 4-H speaking experience of her own, urged that speakers "find a topic that relates to you, and tell the story. Engage and captivate the audience. I know it's really scary, but public speaking is a great tool to have in your future."

Former Multi Club member Robyn Ockerman was mistress of ceremonies for the competition, with adult leader D'Arcy Evans as the timer and Valerie Gibson and Robbie Allen in charge of the impromptu table.

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Seven games in five days for Atom Avs

doug **BASSETT**
Review Sports

Seven games in five days would wear down even the best of teams. The Atom Avalanche started last Wednesday and Thursday night when they played two back-to-back home-and-home provincial games, losing to Mallaig in a heart breaker by one goal in the two-game series. The kids all played wonderful and should be proud of their efforts. Goalie Ronan "Radar" Poulin allowing only three goals in game one and four goals in game two; by the way, that is not a lot of goals for atom hockey; usually it's close to double digits. The team out-shot Mallaig big time, 48 to 21 in the second game but just couldn't get anything past their goalie. On Friday night they played against Dewberry in a league game as part of their home tournament, losing another tough one by two goals. Three late nights in a row, three very intense games, it was starting to wear the team down, but they weren't done playing yet!

Then came Saturday and Sunday, two games each day as part of their home tournament. Difficult to mention everyone, but we should say a little bit about the five girls that play on this team and how improved in skating, stick handling and how aggressive they have become in fore- checking. Jenna "Precious" Poitras, Avery "Whirlwind" Warawa, "Jorja Girl" Theriault, Jadey "the Lady" Capjack and Lenae "Laser" Peebles are all contributing. Also one of the biggest moves all year happened this past weekend by the coaching staff moving forward Kobe "the Cobra 'Warawa back to play on defense for his first time ever. The ice snake settled in and instantly made a big impression on the point, springing into action sinking his fangs into the opposition whenever they provoked him. This kid is a real natural, he even crouched down and blocked some shots. Then there's the tandem of the little guy Brandon Goertzen and the big guy Odin "the Wall" Smith; both have been playing very steady all year on the blue line and very seldom receive any recognition. As well, there's the big power forward "Danny Boy" Cardinal, a workhorse who can make things happen but seldom is seen on the score sheet. And once again a great job by the team manager .Twila Stafford, her hubby and head coach Tyson Stafford, and all the rest of the coaching staff and parents for all their efforts in putting on a super tournament. Congratulations to the Dewberry Colts for winning the A final; with some the local Heinsburg boys who attend our elementary school playing on their team: Cole Bendixen, Andon Ballas and Dallas Bristow.

It was the first shut out of his career for the "Kid Kade" Fontaine, but it won't be his last, when the Novice No. 2 team played this past weekend in the St. Paul tournament, winning the B final. There were numerous goals and assist by everyone on the team. Some great teamwork and passing was the comments coming out of the bleachers from other team's parents. This is the kind of thing you love to hear!

The Micro Novice rode into Dewberry on Saturday rounding up some of the Colts and winning this one 11 to 5. Gavin "Giv'r" Kadutski with a hat trick, "Bo Diddley" Fontaine, "Cyclone Cole" Pierce and Brendon Haeach Baker with two each, "Hurricane Kayl" Warawa and Kale Hoeving with one each.

The Bantam Avalanche traveled to the border city on Sunday for last league game of the year, losing 7 to 2 to the Lloydminster Blazers. Not a total loss, at least the parents could do a little shopping at Wally's World and stop for a Timmy's after the game.

The Peewee Avalanche advanced on to the next round of provincials after defeating Lloydminster this past week in the two game series.

And now for the K/A. Campbell quote of the week. "We take the shortest route to the puck and arrive in ill humor." Last weeks answer to-" Our system of fore checking is to shoot the puck and leave it there."- Harry Neale.

RCMP crack down on commercial trucks

By Sgt. Dave Casey
Elk Point RCMP

The Elk Point RCMP and the Provincial Commercial Enforcement Officer conducted checks of commercial trucks in the Elk Point area on Thursday and Friday Feb. 5 and 6. Numerous trucks were stopped and 13 violation tickets were issued.

There have been numerous complaints made in relation to the large trucks traveling in the Elk Point area. The Elk Point Detachment will continue to work closely with the Provincial Commercial Enforcement member and asks the public to call in any concerns regarding these vehicles. If possible, please make note of the license plate of the vehicle.

Further enforcement dates are being planned.

Have a great Family Day weekend, everyone!

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Capsule Comments

by Your Natural Choice Apple Drugs pharmacist, Chris Letawsky

- Looking for a list of 10 foods that are generally good for you? Here's some: almonds, apples, blueberries, broccoli, beans, salmon, spinach, sweet potatoes, vegetable juices and wheat germ (sprinkle on cereals and use in baking).
- Many factors affect how drugs work in our body. These include age, liver and kidney function, genetics and reactions with enzymes in the body that affect drug metabolism. We've learned much in recent years about the effects of enzymes on drug action allowing new drugs to be more efficient at lower doses and with fewer side effects.
- One pound of body fat contains 3500 calories. If you reduce the number of calories you eat and drink each day by 500 calories, you'll lose two pounds in a month. Combine that with walking a half hour per day and you are well on your way to your desired weight. With all the weight-loss ideas all around us, this is the simplest: expend more calories than you take in. It works!
- Pharmacists are often asked about non-prescription products to help sleep. Melatonin may help. Start with 0.5 to 1mg an hour before bedtime. Melatonin is a hormone that occurs naturally in our brains but the amount we produce can drop with age. Give melatonin a try.
- We are familiar with the various remedies people take to help them sleep better. We'd be happy to discuss them with you.

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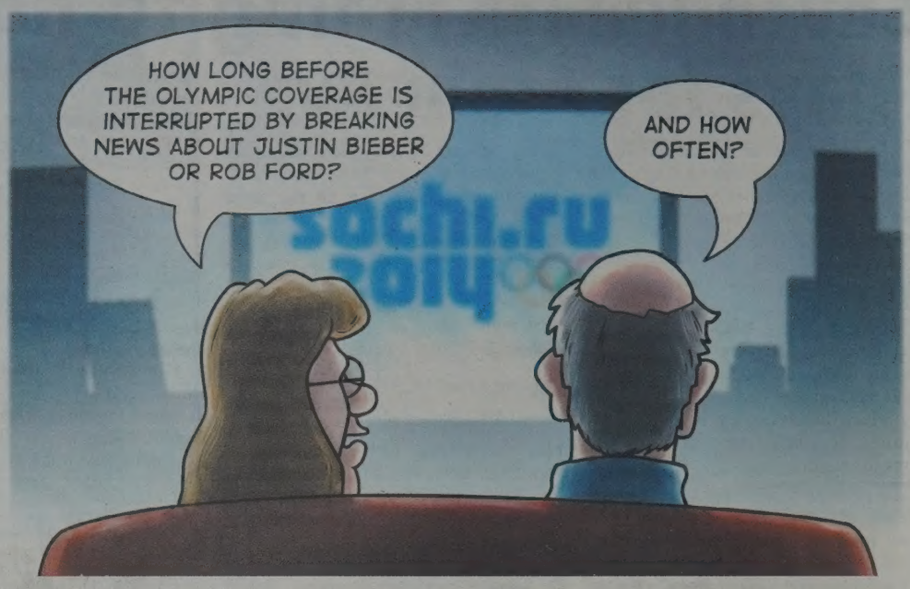
Editorial

What about their families?

Family Day is coming up next Monday in Alberta, but it isn't a holiday that is observed across the country. Nor is it a statutory holiday, so all federal employees, including Canada Post and civil servants, will be at work as usual, as will the people in the provinces where Family Day is not observed.

Somehow, this doesn't seem fair. Shouldn't a holiday honouring such an important entity as the family be observed across the land? And even if that couldn't happen, shouldn't federal employees in provinces that do observe the day, have that time off to spend with their families, like the rest of the population?

Of course, not everyone gets Feb. 17 off, any more than everyone from oil patch workers to nurses and doctors to news reporters get Sundays off, but surely, Canadians could wait until Tuesday for their mail.



Way Back When...

Downsizing, decision, back after a dozen

Here's the news that made the headlines of the Lakeland Review and Elk Point Review for the week of Feb. 11 in...

1989

Westmin Resources Limited downsized its Elk Point operation, eliminating 12 positions from its Lindbergh operating staff, due to sustained low heavy oil prices. Elk Point was sent into a week of virtual hibernation when heavy snowfall combined with -40 degree temperatures blocked roads, closed schools, postponed meetings and even cancelled the week's bingos

1994

Victor Stepa was elected by acclamation as president of the Elk Point Chamber of Commerce, with Allan Sanregret as vice-president, John Vandenburg as treasurer and Vicki Brooker as secretary. Elk Point Hospital Board chairman John Mohyluk announced that board had decided to join the region to the south, which included Wainwright, Vermilion, Mannville and Islay, rather than the north region that included St. Paul, Bonnyville, Cold Lake, Glendon, Vilna and Smoky Lake.

1999

This issue missing from our archives - sorry!

2004

Leonard Gadowski's name was back on the Elk Point Oilmen's Association grand challenge trophy after a dozen years, after he and Tuboscope rinkmates Richard Smyl, Gary Fesyk and Joe Hallbach won a close decision over the Rock Solid rink skipped by Peter Wilkinson. Elk Point Oilmen's Association founding member Marshall Kachmar was named Oilman of the Year, and was described by longtime colleague Reo Van Maarion as "a real go-getter."

2009

Alberta's Iron Horse Trail is "knitting our entire region together," Riverland Recreational Trail Society president Sheila Thompson told delegates representing communities from all three branches of the trail at a strategic planning workshop. Elk Point Peewee Avalanche won the 'B' side of their six-team home tournament, with Nathan Yarmuch contributing a hat trick in their 7-5 final win over Athabasca.

Guest Column

February days

deanna **EASTHOPE** *from the FCSS desk*

This coming weekend is known as Family Day weekend, and the important Family Day in Alberta, Ontario and Saskatchewan is Monday, Feb. 17, 2014. British Columbia celebrated it yesterday – Monday, Feb. 10. This holiday celebrates the importance of families and family life to people and their communities. As Family Day falls on the same date as National Heritage Day (except in British Columbia), some people use the day to explore their personal heritage and family history. In the province of Manitoba, the third Monday of February is a general holiday, known as Louis Riel Day. In the other provinces and territories of Canada, Family Day is not observed, and neither the third nor the second Monday in February is a holiday there. However, Monday, Feb. 17, is also known as "Islander Day" in Prince Edward Island which gives people the chance to have a day off to relax or to take a short winter break.

Family Day was first held in Canada in the province of Alberta in 1990. Its purpose is to reflect the values of family and home that were important to the pioneers who founded Alberta, and give workers the opportunity to spend more time with their families. Family Day was introduced in Saskatchewan in 2007 and in Ontario in 2008. British Columbia observed Family Day as a statutory holiday for the first time in 2013. Island Day in Prince Edward Island started in 2010.

One of the reasons for introducing Family Day was that there was a long period when there were no holidays from New Year's Day until Good Friday. So February seems to be an important month. Groundhog Day was Sunday, Feb. 2, Valentine's Day is Friday, Feb. 14, National Flag of Canada Day is Saturday, Feb. 15, and of course now we know Monday, Feb. 17 is Islander Day, Louis Riel Day and Family Day.

Whoops, we forgot one other important day in February. Friday, Feb. 21, 2014 is Heritage Day in the Yukon.

When you think of the month of February, it seems to have a theme. The theme seems to be love, and spending time with family. Where does the groundhog fit in, you might ask? Well, one could say "he" determines the weather in which love and family can enjoy their time together.

Whoops – I mean that is another whoop! We can't forget that February included the 2014 Scotties Tournament of Hearts as sponsored under the Canadian Curling Association. That took place at the Maurice Richard Arena in Montreal, Quebec from Feb. 1 though to Feb. 9.. And speaking of sports, of course there is the 2014 Winter Olympics. officially XX11 Olympic, from Feb. 7 through 23 in Sochi, Russia. What this means is that the February family activities can occur around the television set watching these important events.

So we can all agree that February is an important month. Besides, it is a transitional month. There is change in the air this time of year – we know that spring is not far. Actually, around the 21st of February, ancient Romans honored their ancestors. Feralia is the public festival, where feasts were consumed and offerings were left at gravesites to publicly convey love, honor and remembrance of the dead. Violets were strewn everywhere, particularly upon grave stones to make the memories of loved ones immortal. Special artisan breads and wines were also left as offerings to the dearly departed. Salt was also sprinkled around altars and graves as a symbol of preserving (curling) the memories of loved ones. There is legend that states Romans eventually neglected the public feast of Feralia, and ultimately, the result was Rome's decline.

Wait a minute, could this be the prelude to the importance of celebrating Family Day? Remembering our ancestors as well as acknowledging the importance of family today – is this why we celebrate Family Day in February? If it takes a festival, a day spent together around an event or time just being together and if it occurs during the month of February, then let it happen! Yes, February is an important month! May you all have a great Family Day Weekend coming up and may you all enjoy together any activity, any event or any together time you chose. "Cheers" to everyone.

The Elk Point Review publishes a variety of opinions as a contribution to debate on matters of public concern. Unsigned editorials express the view of this newspaper's editorial board which includes the Publisher and the Editor. Signed pieces express the view of the individual writer.

Elk Point Review

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Chamber returning to noon meetings

By Review Staff

Elk Point Chamber of Commerce members voted to go back to Wednesday noon meetings at Thursday evening's Annual Meeting, even though some of those meetings may be held without president Debra McQuinn.

McQuinn, along with vice president Dwayne Yaremkevich, treasurer Geoff Hyslop and secretary Vicki Brooker, were returned to their positions for another year by acclamation.

Members agreed that attendance has dwindled following last year's change to evening meetings, and felt it was imperative to switch back to noon on the first Wednesday of each month, as that date does not conflict with other meetings. The next regular meeting is slated for Wednesday, March 5.

The chamber also voted to continue the $100 membership fee in 2015. A steady stream of this year's membership renewals are coming in, and the executive is hoping to surpass last year's total of 30 member businesses.

President McQuinn now works in St. Paul, and said she "will try to attend when I can," although she will not be able to attend some of the meetings and delegated the vice president to chair those meetings in her place.

Top priority for the year, she said, is to get the Visitor Information EcoCentre's outdoor washroom completed and in operation. The executive will obtain quotes for the work, which includes installation of fixtures and lighting with automatic features, a timer-operated door lock and waterproof wall covering for easy upkeep. The chamber plans to seek a Community Facility Enhancement Grant to cover the cost of the upgrade. Repairs to the EcoCentre's roof are also on the agenda, following damage that occurred in the January windstorm.

McQuinn feels that changes need to be made regarding the chamber's involvement in the Canada Day breakfast, and questions whether the Christmas Extravaganza should be handed over to another group, since downtown businesses seem reluctant to be involved in planning and carrying out the event, despite its popularity with the public.

Chamber members were happy to hear that the Wild Pink Yonder horseback tour, a fundraiser for breast cancer, will be coming through Elk Point and other communities along the Iron Horse Trail this August. Planning an event to welcome tour participants will get underway once further details are announced.

Winter Walk moved indoors

Elk Point Elementary students were among 143,000 students across the province to take part in last Wednesday's Winter Walk Day, an initiative of SHAPE, which stands for Safe Healthy Active People Everywhere. Due to the cold temperatures, the Elk Point walk was moved indoors, with Grades K to 3 walking the hallway loop around the school while Grades 4 to 6 circled the gym, The event wound up with hot dogs and juice for everyone.

OORP makes history

Elk Point OORP made history last month, when Honoured Royal Lady Lois Sharek (right) initiated three new members, Walter Jendruk, Bernadette Godlein and Laverne Kittlitz. Kittlitz and Jendruk are the first men to be initiated into the Elk Point Lodge. Godlein and Jendruk are also Elks members.

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190. Announcements

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1040. Careers

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130. Coming Events

LEARN THE LATEST about Celiac Disease and a Gluten-Free diet at the Canadian Celiac Association National Conference, May 30 - June 1, 2014, Calgary. Visit the gluten-free market. Everyone welcome. Register at www.calgaryceliac.ca; 403-237-0304.

130. Coming Events

QUALITY ASSURANCE Course for Health Canada's Commercial Marijuana Program. February 22 & 23, Best Western Hotel, Kelowna, BC. Tickets: www.greenlineacademy.com or 1-855-860-8611 or 250-870-1882.

1005. Help Wanted

KUDU INDUSTRIES INC.

Field Install Tech (Thermal)

KUDU Industries Inc. is a world leader in the technological advancement and manufacturing of progressing cavity pumping systems for the oil and gas industry. KUDU currently has a job opening for a Field Install Tech for our Thermal PCP product line, based out of our Bonnyville Service Centre. This position requires travel and on call availability.

Key Responsibilities:

- Installation and service of High Temperature PCP pumping equipment.
- Training customers on PCP equipment.
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Minimum Requirements:

- Field experience in the oil and gas industry
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- Working knowledge of artificial lift systems
- Strong communication skills

Drop off Resume to:
5803-50 Ave
Fax: 780.826.5344 or
Email: ray_rivard@kudupump.com

190. Announcements

Call for applications. C. A. MacLean/Fred Row Journalism bursaries. Help us locate a deserving individual from your community who would like to pursue a career in print journalism. Applications must be received by February 26, 2014. For further information, contact your local weekly newspaper or the Alberta Weekly Newspapers Association, 1-800-292-6903 ext. 225; www.awna.com.

200. Business/Invest. Oppor.

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410. Education/Training

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1500. Help Wanted — Alta.

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DRIVER NEEDED with clean Class 1 for busy L/S hauling position based out of Westlock, Alberta. Email resume to: rob@jubileefarms.ca.

JOURNALISTS, Graphic Artists, Marketing and more. Alberta's weekly newspapers are looking for people like you. Post your resume online. Free. Visit: www.awna.com/resumes_add.php.

1005. Help Wanted

1500. Help Wanted — Alta.

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1005. Help Wanted

1500. Help Wanted — Alta.

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VAC & STEAM Truck Operator. Valid Class 1 or 3, Safety Tickets, Top Wage, Benefits, Camp Work, Experience an Asset. Email/Fax Resume: 780-458-8701, bryksent@telus.net.

1005. Help Wanted

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7245. Misc. Services

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1005. Help Wanted

Employment Opportunity

County of St. Paul No. 19

AGRICULTURAL FIELD OFFICER

The **County of St. Paul No. 19** is currently accepting applications for a full-time position of **Agricultural Field Officer**, reporting to the Assistant Agricultural Fieldman.

The successful candidate will be an energetic, self-motivated individual, who will provide leadership to our Agricultural Programs, have excellent communication skills and demonstrate team player philosophy.

Duties:

- Provide hands-on services as well as supervise and implement weed inspection/pesticide application, pest and nuisance wildlife control, shelterbelt tree programs and all other ASB Programs.
- Provide agricultural expertise, support and information to County Council, Boards, Committees, ratepayers, rural and inter-municipal partners; provide direction on the activities of support and seasonal staff.
- Monitor the identification, reporting and control of weed, pest, insect and disease control programs for the County; arrange inspection, collection and licensing of the Seed Plant and enforce agriculture-related legislation.
- Assist in beaver related flooding issues and beaver dam removal.
- Attend provincial and regional agricultural workshops and meetings.
- Assist public works department.
- Other duties or special projects as assigned.

As the ideal candidate, you will have:

- Post-Secondary Diploma or Degree in Agriculture, related agriculture field experience, or Certified Agricultural Fieldman Designation.
- Valid Beaver Blasting Certificate (or ability to obtain Certificate).
- Possession or able to obtain a valid Pesticide Applicator Licence of qualification in Agriculture, Landscape and Industrial Classifications and a valid Alberta Class 5 vehicle licence.
- Preference given to a person with good experience in the provision of agriculture-related service area with experience in the operation of equipment and repairs.
- Thorough knowledge of: techniques managing specified agricultural problems, Weed Control Act, Agricultural Services Board Act, Agricultural Pests Act, Environmental Code of Practice for Pesticides and related OH&S legislation, etc.
- Working knowledge of computer applications including Microsoft Office and Excel with the ability to develop budgets and grant programs within the Agricultural Service Board.
- Well developed interpersonal and communication skills are required.
- Demonstrate initiative and have the ability to work independently in a multi-task environment; motivate and lead staff.

We offer a competitive salary with an opportunity for advancement and a comprehensive benefit package. Ideal starting date would be April 1, 2014 but could be postponed for a suitable candidate. Resumes outlining qualifications, references and experience will be received in confidence until Friday, February 28, 2014 – 4:30 p.m.

Apply to:

Dennis Bergheim
Director of Environmental & Emergency Services
County of St. Paul No. 19
5015-49 Avenue, St. Paul, AB T0A 3A4
Phone: 780-645-3301 Ext. 207; Fax: 780-645-3104
Email: dbergheim@county.stpaul.ab.ca

We thank all those applicants who have shown an interest in this position, however, only those selected for an interview will be contacted.

CLASSIFIED AD RATES

ELK POINT REVIEW Tuesdays - $9.25 per week + GST
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1005. Help Wanted

EARLY CLASSIFIED DEADLINE
Wednesday 4 pm

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Key Responsibilities:
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- Prepare orders as needed
- Responsible for the shop cleanliness
- Assist mechanics as required

Minimum Requirements:
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- Class 5 operator's license
- Basic computer skills

KUDU offers profit shares, RSP & Benefits program.

Drop off Resume to: 5803-50 Ave
Fax: 780.826.5344 or
Email: wayne_turzanski@kudupump.com

St. Paul Education
REGIONAL DIVISION NO. 1

INSTRUCTIONAL ASSISTANT

Required for

HEINSBURG COMMUNITY SCHOOL

Heinsburg Community School requires a **full-time instructional assistant** commencing March 3, 2014 for the remainder of the 2013-2014 school year.

The successful candidate shall be able to adapt to new situations, schedules, and job assignments and work well using a team approach. Significant time will be spent working with grade 5/6 students but should be flexible to work with students of all ages. Strong interpersonal and English communication skills are necessary as taking anecdotal notes and working within an educational team will be required.

Training and/or experience working as an instructional assistant with special needs students would be an asset, however we are willing to provide training and support to a suitable candidate.

For more information, contact Ms. Carmen McLeod, Acting Principal at 780-943-3913. The deadline for applications is February 21, 2014.

Please forward a cover letter and resume with references by mail, fax or e-mail to:

Ms. Carmen McLeod, Acting Principal
Heinsburg Community School
General Delivery
Heinsburg, AB T0A 1X0
FAX: 780-943-3773
Email: carmen_mcleod@sperd.ca

In accordance with Board Policy, the successful applicant will be required to provide a current Criminal Record Check and a Child Welfare Intervention Check.

We thank you for your interest; however, only applicants selected for an interview will be contacted.

1500. Help Wanted — Alta.

WINCH TRACTOR Operators. Must have experience operating a winch. To apply fax, email or drop off resume at the office. Phone 780-842-6444. Fax 780-842-6581. Email: rigmove@telus.net. Mail: H&E Oilfield Services Ltd., 2202 - 1 Ave., Wainwright, AB, T9W 1L7. For more employment information see our webpage: www.heoil.com.

3010. Auctions

8TH ANNUAL Red Deer Collector Car Auction & Speed Show, March 14 - 16/14, Red Deer Westerner Park. Exhibitor space available. Consign your car. 1-888-296-0528 ext. 102; EGauctions.com.

1005. Help Wanted

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Only successful applicants will be contacted.

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St. Paul Education
REGIONAL DIVISION NO. 1

Requires a

HR-PAYROLL CLERK

This is a part-time position located in St. Paul. Duties will include human resources and payroll support.

Preferred candidates will have payroll and/or accounting experience, strong interpersonal skills and the ability to meet deadlines. Must be able to work with minimum supervision with an expectation of thoroughness and accuracy.

*Applicants are invited to submit their resumé by **February 20, 2014** to:*

Jean Champagne
St. Paul Education Regional Division No. 1
4313-48 Avenue
St. Paul, AB T0A 3A3
tel. 780-645-3323
email: st_paul@sperd.ca

Only those candidates selected for interview will be contacted.

3010. Auctions

ANTIQUE & COLLECTOR Auction. February 15, Saturday, 10 a.m. Antiques, Texaco gas pump, Coca-Cola, furniture, advertising, Star Wars, much more! Scribner Auction, Wainwright, Alberta, 780-842-5666; www.scribnernet.com.

MEIER GUN AUCTION. Saturday, March 8, 11 a.m., 6016 - 72A Ave., Edmonton. Over 150 guns - Handguns, rifles, shotguns, hunting and sporting equipment. To consign call 780-440-1860.

1005. Help Wanted

3210. Misc. For Sale

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4040. Livestock

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1005. Help Wanted

4310. Grain/Feed/Hay

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5800. Manuf. Homes - Sale

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6650. Tires/Parts/Access.

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7245. Misc. Services

ATTENTION HOME Builders! No Warranty = No Building Permit. Contact Blanket Home Warranty for details. 1-888-925-2653; www.blanketltd.ca.

1005. Help Wanted

Shock OILFIELD

Currently requires immediately

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TO START IMMEDIATELY

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Phone Cody 780-645-0040

Only individuals selected for an interview will be contacted. All resumes will be kept confidential.

7245. Misc. Services

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9005. Personals

A SABBATH WELL spent, brings a week of content, and strength for the toils of the morrow. But a Sabbath profaned, what ever be gained, is a certain forerunner of sorrow. By: Judge Matthew Hale. Canadian Lords Day Association, Box 1369, Picture Butte, T0K 1V0.

TRUE PSYCHICS! For Answers call now 24/7 Toll Free 1-877-342-3036; Mobile: # 4486; http://www.truepsychics.ca.

Trip of the Month

SUBMITTED

The firsst draw has now been made in Community Lions Trip of the Month raffle. The winner of the trip to Varadero Cuba was Ting Xu from Cold Lake, 2nd prize of $100 was won by Chris Fortner of Edmonton and 3rd prize of $100 was Claude Corbiere of Glendon.

Seven Lakes Oilfield Services

"Safety is our Tradition"

Seven Lakes Oilfield Services is owned by seven different first nation organizations in Northeast Alberta: Cold Lake, Frog Lake, Kehewin, Saddle Lake, Whitefish Lake, Heart Lake and Beaver Lake and is a subsidiary of Primco Dene Ltd. and Pimee Well Servicing Ltd. Seven Lakes Oilfield Services creates meaningful employment, wealth and opportunity for First Nations people with a strong commitment to providing our clients with quality services and reliability. Seven Lakes offers a variety of different services and is recognized as a major provider to Northeast Alberta's bustling oil and gas sector.

Payroll Coordinator

Seven Lakes Oilfield Services is currently recruiting for a Payroll Coordinator. This position is a full time position with a benefits package. Wages are negotiable based on education and experience. Hours of work are Monday to Friday: 8:30 to 4:30.

Mandatory qualifications are as follows:

1. 3+ years' experience minimum, with CPA or equivalent an asset
2. Government, benefits, and pension deductions as well as reporting experience
3. Excellent knowledge of Alberta Employment Standards and Labour Laws
4. Strong accuracy, analytical, communication, comprehension, and writing skills
5. Respect for confidentiality and deadlines
6. Work independently as well as a team player, reliable and punctual
7. Microsoft Office including Office & Excel, Ceridian, Simply Accounting, and/or Dynamics GP programs an asset
8. Prepared statistics and knowledge of departmental costing

Interested candidates require the following:

1. reside in the Cold Lake/Bonnyville area or willing to relocate
2. Class 5 Drivers licence and reliable transportation is mandatory

Seven Lakes Oilfield Services conducts pre-employment alcohol/drug testing and physical fit testing as one of a series of employment requirements for safety sensitive positions.

Interested applicants are encouraged to submit a cover letter and resume to: hr@sevenlakesoilfield.com or fax: 1-888-523-8217.

We thank all those who apply; however only those considered for the position will be contacted.

Hypnotist Kiitokii holds students in his spell

By Vicki Brooker
Review Staff

Students and staff of F. G. Miller High School were entertained and entranced by a visit from First Nations hypnotist, mentalist and youth mentorship expert Trevor Kiitokii last Wednesday.

The entertainer started life a long way from stages and spotlights, on a southern Alberta reserve where life was not easy for a young child. "Stress does things to your health," Kiitokii told the students. In 1996, desperate for relief after 14 years of being plagued by daily panic attacks and finding no long-term help through potential aids such prayer and sweat lodges, he was searching through the phone book for some sort of therapeutic cure. His call to "the first name I saw" put him in touch with "a little old lady from Australia," through whose hypnotherapy, "I found myself at eight years old," the victim of a severe beating by his father, an incident of which he said he had no conscious memory until that time. That discovery set him on the road to healing.

"I am not the person who was beaten, or the person who lived in an oppressed community," Kiitokii said. Too often, he said, "We live in our past because we are who we are... but we can all grow from that... Nobody has the right to judge anybody, including themselves."

Hypnotized F. G. Miller students snapped 'selfies' on imaginary cellphones as requested by First Nations hypnotist, illusionist and comedian Trevor Kiitokii (right) during Wednesday's presentation.

Kiitokii said he is from the Piikani Nation (formerly Peigan) west of Lethbridge, which is part of the Blackfoot Confederacy, but "I was raised by Cree people." He spoke out against the Idle No More movement, which he feels is "bringing hardship on our people and creating separations between our culture and other cultures." The protestors "have reasons that create insanity, but the elders taught me something different." Love, happiness and gratitude are realities, Kiitokii said, but anger, madness and fear are illusions that build up in the mind.

The help he received from hypnotherapy led him to a career as a premier hypnotist, which has given him many opportunities to perform, including shows he shares with popular entertainer Don Burtstick. Audiences at these events often "are more than half non-Native, but they understand our jokes," he chuckled. He is also a musician who has been nominated for a Juno award and who is currently recording a new CD.

After sharing his background, Kiitokii treated the students to a taste of his illusionary skills with a disappearing and reappearing ketchup bottle, a card trick and a shape-shifting scarf, before calling for 20 volunteers from the audience to be hypnotized. Twenty soon doubled as school staff added more chairs to the lineup, which stretched most of the length of the gym.

The hypnosis volunteers were all asked to keep their eyes on the centre of a rotating disk, before Kiitokii's soothing voice requested them to sit down and close their heavy eyelids. Over the next few minutes, he had them hugging the "human teddy bears" next to them, taking pictures and texting on imaginary Smart phones, stamping their feet like toddlers having tantrums, performing CPR on gummi bears and doing a happy dance when the bears were 'resuscitated', to the delight of their fellow students in the audience. One volunteer was singled out from the sleeping lineup to find her feet first seemingly stuck to the floor, then feeling as if they were being tickled, making her laugh, and then to forget her name every time the microphone was put in front of her.

As the period came to an end, the volunteers were told they would awake feeling awesome and amazing, and from that time on, feeling no desire to drink and drive. One final command brought them back to reality, ending a very entertaining afternoon.

Sherry Bower Gagne said the event included motivational messages, team-building, leadership and anti-bullying, "really kicks off our message for the month," with F. G. Miller students "Slamming the door on bullying."

Special anti-bullying events on Friday, Feb. 28, include wearing pink and a smart mob in the gym that Bower Gagne says will be posted on social media "spreading the message that Elk Point wants a change! Come dance with the students, staff and residents of Elk Point! Our goal is to get all of Elk Point involved! Everybody is welcome to join us!"

"diddly squat"

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